

Hobart High School Key Stage 3 Curriculum Map – Year 7

Department: Humanities – PSHE and RSE

	Unit Title	Knowledge & Skills Developed	Assessment	Personal Development
Autumn 1	Knowing Myself: Making first impressions	The 'perfect student'- expectations at Hobart, what does it mean to be a good student? Meeting new people Being a good friend	Multiple choice quiz (before and after topic) Verbal feedback / questioning Self-reflection and assessment	Self-awareness, reflection and guidance to help students settle within the Hobart community.
Autumn 2	Knowing myself: Life's changes	Life's changes Body changes – differences between adults and children. This is puberty Dealing with puberty	Multiple choice quiz (before and after topic) Verbal feedback / questioning Self-reflection and assessment	Students recognise changes to themselves to improve understanding of own experience of puberty.
Spring 1	Understanding Britain today: Healthy Living	What does it mean to be a healthy person? Healthy activities Healthy eating Healthy minds	Multiple choice quiz (before and after topic) Verbal feedback / questioning Self-reflection and assessment	Students have the opportunity to reflect on the healthiness of their lifestyles and explore possible ways of maintaining/improving their health.
Spring 2	Understanding Britain today: Keeping safe – out and about, online.	Staying safe out and about, Online safety – the risks of going online Online safety – The rules of using social media, social gaming: what are they? Why are they needed?	Multiple choice quiz (before and after topic) Verbal feedback / questioning Self-reflection and assessment	Guidance to empower students to make informed positive decisions to help keep them safe.
Summer 1	The World Around me: Pressures, stress and anxiety	What pressures do we experience? Recognising when we feel under pressure Coping with pressure positively	Multiple choice quiz (before and after topic) Verbal feedback / questioning Self-reflection and assessment	Improve students' awareness of negative coping strategies, and empower them to develop positive coping strategies during times of stress / worry and hardship.
Summer 2	Reflecting on me	Self-reflection – how have you dealt with year 7	Multiple choice quiz (before and	Students experience

		Moving forward Year 7 advice [project]	after topic) Verbal feedback / questioning Self-reflection and assessment	making use of their own experiences to offer advice and guidance to others.
--	--	---	---	---

Hobart High School Key Stage 3 Curriculum Map – Year 8

Department: Humanities - PSHE



	Unit Title	Knowledge & Skills Developed	Assessment	Personal Development
Autumn 1	Knowing myself: Stepping up	What is a community? What different communities are we members of? Roles and responsibilities in a school community Making a positive contribution to Hobart community My home community, roles and responsibilities in my family. Different families	Multiple choice quiz (before and after topic) Verbal feedback / questioning Self-reflection and assessment	Students explore their own place within a variety of communities and how they can have a positive impact within them.
Autumn 2	Knowing myself: Relationships and sex education	Forming 'healthy relationships' Body image Consequences of sexual activity Conception and pregnancy Social pressures and sexual identity	Multiple choice quiz (before and after topic) Verbal feedback / questioning Self-reflection and assessment	Students consider the nature of healthy relationships, body image and sexual activity and learn how to identify unhealthy ones.
Spring 1	Understanding Britain today: Identity and accepting difference	Everyone's different Celebrating difference Britain's religious differences Britain's racial differences	Multiple choice quiz (before and after topic) Verbal feedback / questioning Self-reflection and assessment	Acceptance and celebration of difference and diversity.
Spring 2	Understanding Britain today: Identity and accepting difference.	Gender identity and sexual difference Differences and UK Law Extremism in the UK	Multiple choice quiz (before and after topic) Verbal feedback / questioning Self-reflection and assessment	Students have time to consider the characteristics of British society today, including its laws and threats.
Summer 1	The World Around me	What is Bullying? Recognising bullying and being taken advantage of	Multiple choice quiz (before and after topic)	Students learn how to recognise bullying and

		Dealing with bullying	Verbal feedback / questioning Self-reflection and assessment	exploitation from both peers and adults, and are advised on how to deal with such exploitation including access to external agencies.
Summer 2	Reflecting on me	Self-reflection – how do you feel about difference? Celebrating British diversity [project]	Multiple choice quiz (before and after topic) Verbal feedback / questioning Self-reflection and assessment	Students have opportunities to consider their own opinions and attitudes towards difference in Britain today.

Hobart High School Key Stage 3 Curriculum Map – Year 9

Department: Humanities - PSHE



	Unit Title	Knowledge & Skills Developed	Assessment	Personal Development
Autumn 1	Knowing myself: Work, Work, Work	Jobs and careers, Skills and me Options and choices	Multiple choice quiz (before and after topic) Starters for 10 Verbal feedback / questioning Self-reflection and assessment	Students provided with opportunities to explore their current skill set and link this with potential areas of interest / careers.
Autumn 2	Knowing myself: Relationships and sex education	Recognising and managing risk “The right time for you” Sexual identity	Multiple choice quiz (before and after topic) Starters for 10 Verbal feedback / questioning Self-reflection and assessment	Relationships and sexual issues
Spring 1	Knowing myself: Relationships and sex education	STIs Methods of contraception Sexting, sexual bullying and the law Pornography, the law and online safety	Multiple choice quiz (before and after topic) Starters for 10 Verbal feedback / questioning Self-reflection and assessment	Relationships and sexual issues

Spring 2	Understanding Britain today:	<p>What is democracy? Britain's democracy, Britain's government today The importance of Laws Britain's laws and the legal system How does the UK's legal system compare to others around the world?</p>	<p>Multiple choice quiz (before and after topic) Starters for 10 Verbal feedback / questioning Self-reflection and assessment</p>	British laws and its government today
Summer 1	The world Around Us: Standing up for what's right	<p>Expressing yourself legally:- Online In person The power of collective action</p>	<p>Multiple choice quiz (before and after topic) Starters for 10 Verbal feedback / questioning Self-reflection and assessment</p>	Students recognise the appropriate ways to 'be heard' and how best to communicate their views and opinions to others
Summer 2	Reflecting on me	<p>Students should reflect on a local, national or world issue that they care about. Project to raise awareness of the cause they are interested in. Protest march? Placards and speeches? [project]</p>	<p>Verbal feedback / questioning Self-reflection and, teacher and peer feedback to presentations.</p>	Students have the opportunity to explore the power of protest and collective action and think about appropriate actions to 'stand up' for what they believe in.