

Hobart High School Key Stage 4 Curriculum Map – Year 10

Department Humanities – Personal, Social, Health Education (PSHE) and Relationships and Sex Education (RSE)
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	GCSE Unit Title	Knowledge & Skills Developed	Assessment	Personal Development
Rotation 1	The perfect GCSE student	<ul style="list-style-type: none"> Organisation Importance of attendance and punctuality Study skills Effective revision Asking for help and support 	<ul style="list-style-type: none"> Multiple choice quiz (before and after topic) Verbal feedback / questioning Self-reflection and assessment 	Students recognise the habits and skills of highly effective students and reflect on their own study skills.
Rotation 2	Money and Careers	<ul style="list-style-type: none"> The Cost of running Britain today and why working is important The value of work – to recognise that different jobs and careers produce a range of salaries The cost of living and disposable incomes Being ‘smart’ with money Personal Budgets Family Budgets 	<ul style="list-style-type: none"> Multiple choice quiz (before and after topic) Verbal feedback / questioning Self-reflection and assessment 	Consideration of the ‘value’ of money with strategies to effectively manage it.
Rotation 3	Relationships and Sex Education (RSE)	<ul style="list-style-type: none"> Body Image and relationships Negotiating awkward situations and consent Choosing contraception The impact of STIs HIV transmission and living with HIV Sexual health services Maintaining healthy relationships and dealing with ‘break ups’ 	<ul style="list-style-type: none"> Multiple choice quiz (before and after topic) Verbal feedback / questioning Self-reflection and assessment 	Reflection and awareness of relationships and sexual issues
Rotation 4	Religious studies	<ul style="list-style-type: none"> The existence of God? Beliefs and practices Relationships and families Peace and conflict 	<ul style="list-style-type: none"> Multiple choice quiz (before and after topic) Verbal feedback / questioning Self-reflection and assessment 	Students have the opportunity to explore their own beliefs and those of others.
Rotation 5	Drugs and alcohol	<ul style="list-style-type: none"> Identifying alcohol and its short-term effects. Alcohol and its long-term effects. Alcohol and its impacts on the community. Identifying drugs and their short-term effects. Identifying Drugs and their long-term effects. 	<ul style="list-style-type: none"> Multiple choice quiz (before and after topic) Verbal feedback / questioning Self-reflection and assessment 	Students have opportunities to consider the impacts of drugs and alcohol abuse and are ‘sign-posted’ to support

		A guide for difficult situations		
Rotation 6	Looking after me – recognising mental health.	<p>Embracing change</p> <p>Promoting emotional well-being and positive coping strategies.</p> <p>Being resilient: reframing failure</p> <p>Unhealthy coping strategies: self-harm.</p> <p>Unhealthy coping strategies: eating disorders.</p> <p>Understanding and managing depression and anxiety.</p> <p>Getting support: who can help?</p>	<p>Multiple choice quiz (before and after topic)</p> <p>Verbal feedback / questioning</p> <p>Self-reflection and assessment</p>	<p>Students have the opportunity to gain greater awareness and understanding of mental health issues in themselves and others.</p>

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	GCSE Unit Title	Knowledge & Skills Developed	Assessment	Personal Development
Autumn 1	Preparing for my future:	Cvs and applying and preparing for interviews.		Students have opportunity to construct their covering letters in preparation for their mock interviews in November.
Autumn 2	Revision strategies and preparing for my mock examinations			Opportunities to acquire study skills and revision strategies reminders
Spring 1	Relationships and Sex Education	Dealing with homophobia and transphobia Sexual bullying and exploitation Abortion Parenting Sexual health and relationship support Pornography, the law and online safety (2)		Relationships and sexual issues
Spring 2	Support with life's increasing demands:	Study skills and Revision strategies reminders Revision and Personal study time		Students are assisted with time and tutor support to prepare for their examinations
Summer 1	Support with life's increasing demands:	Revision and Personal study time		