



Norfolk Safeguarding  
Children Partnership

Stay safe

**We want you to know - we're still here.**

**These are unusual times for families. No matter your age or circumstance, many of us are facing increased stress or maybe things are cropping up that we don't know how to deal with.**

**Just One Norfolk has support and advice for families so if you need us, contact us.**

**0300 300 0123**

**[www.justonenorfolk.nhs.uk](http://www.justonenorfolk.nhs.uk)**