Learning / revision strategies

Developing and building effective study skills is an essential part of becoming a successful learner. At Hobart we aim to embed effective habits around studying throughout a student's time at Hobart, resulting in more independent, reflective and resilient learners.

The sequence of presentations below cover the key study strategies that research shows as being effective for long term learning. Teachers will encourage you to try these strategies when you are given study / revision style homework tasks. Reflect on what works well for you and ultimately this should help you plan and carry out your studies from home more effectively and independently.

Spaced practice and interleaving

Rather than cramming all your revision into one long session, studying should be spaced out over time using shorter, regular sessions. Interleaving is all about how you mix up your studying rather than studying the same material in the same order over and over again. This clip explains how you can effectively plan your study sessions.

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Retrieval practice

Just re-reading notes is not an effective way to study. Research shows that a much more effective way to study is to practice retrieving information from your memory. This clip explains some key retrieval based strategies.

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Dual coding

We remember information better when we combine verbal and visual information. This clip gives some ideas on how we can use dual coding.

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Elaboration

Elaboration means to make eeper connections between concepts and ideas in order to achieve a better understanding o the material. This clip gives some practical ideas as to how you can use this strategy.

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Concrete examples

Finding real life examples of abstract ideas can be a really powerful way of remembering information. This clip explores how you might do this whilst studying.

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